

## 26. Sparkassen Westspangelauf

### Ergebnisliste MW+AK

| MW | Start | AK | Name | Jahr | m/ | Verein | Brutt | Netto |
|----|-------|----|------|------|----|--------|-------|-------|
|----|-------|----|------|------|----|--------|-------|-------|

#### 5km Jedermannlauf

##### w

|     |     |            |                   |      |   |                             |              |       |
|-----|-----|------------|-------------------|------|---|-----------------------------|--------------|-------|
| 1.  | 300 | 1. Frauen  | Becker, Louisa    | 1996 | w | ATSV Saarbrücken            | <b>20:04</b> | 20:04 |
| 2.  | 516 | 2. Frauen  | Becker, Gerda     | 1959 | w | ATSV Saarbrücken            | <b>22:36</b> | 22:36 |
| 3.  | 505 | 3. Frauen  | Hartmann, Heidi   | 1964 | w | FriBi Funrunners            | <b>22:51</b> | 22:51 |
| 4.  | 521 | 4. Frauen  | Lamnek, Melissa   | 2001 | w | LC Warndt                   | <b>23:47</b> | 23:47 |
| 5.  | 90  | 5. Frauen  | Albrecht, Lydia   | 1992 | w |                             | <b>23:58</b> | 23:58 |
| 6.  | 413 | 6. Frauen  | Steffen, Isabelle | 2000 | w | LAZ Saarbrücken             | <b>24:03</b> | 24:03 |
| 7.  | 508 | 7. Frauen  | Nattermann,       | 1995 | w | LAZ Saarbrücken             | <b>24:14</b> | 24:14 |
| 8.  | 301 | 8. Frauen  | Kosinska, Julia   | 1983 | w | Smashing Papkins            | <b>25:54</b> | 25:54 |
| 9.  | 539 | 9. Frauen  | Wieland, Jeanne   | 1999 | w | LTF Köllertal               | <b>26:22</b> | 26:22 |
| 10. | 229 | 10. Frauen | Bechtel, Nicole   | 1980 | w | LT Phoenix Dudweiler        | <b>26:55</b> | 26:55 |
| 11. | 418 | 11. Frauen | Coen, Katharina   | 2003 | w | TV Limbach                  | <b>27:13</b> | 27:13 |
| 12. | 227 | 12. Frauen | Bender-Rauguth,   | 1955 | w | LT Phoenix Dudweiler        | <b>27:18</b> | 27:18 |
| 13. | 540 | 13. Frauen | Serf, Lena-Marie  | 2002 | w | LTF Köllertal               | <b>27:24</b> | 27:24 |
| 14. | 420 | 14. Frauen | Coen, Sabine      | 1967 | w | TV Limbach                  | <b>28:22</b> | 28:22 |
| 15. | 307 | 15. Frauen | Gries, Elke       | 1971 | w | PG Heidstock                | <b>28:31</b> | 28:31 |
| 16. | 214 | 16. Frauen | Hasper, Kristin   | 1965 | w | Laufsport Werner Gebhard    | <b>28:42</b> | 28:42 |
| 17. | 308 | 17. Frauen | Hausknecht, Anja  | 1967 | w | PG Heidstock                | <b>29:35</b> | 29:35 |
| 18. | 315 | 18. Frauen | Blees, Mandy      | 1990 | w | tv rehlingen                | <b>29:47</b> | 29:47 |
| 19. | 320 | 19. Frauen | Christ, Dorothée  | 1972 | w | Sprinter Club Sarreguemines | <b>30:11</b> | 30:11 |
| 20. | 314 | 20. Frauen | Blees, Heike      | 1964 | w | tv rehlingen                | <b>30:51</b> | 30:51 |
| 21. | 157 | 21. Frauen | Zech, Sarah       | 1992 | w | loca Frauen Fitness         | <b>31:08</b> | 31:08 |
| 22. | 410 | 22. Frauen | Andres, Rilana    | 1980 | w |                             | <b>31:34</b> | 31:34 |
| 23. | 503 | 23. Frauen | Schmelzer,        | 1980 | w | St. Ingbert                 | <b>31:43</b> | 31:43 |
| 24. | 306 | 24. Frauen | Jans, Jessica     | 1981 | w | PG Heidstock                | <b>32:30</b> | 32:30 |
| 25. | 68  | 25. Frauen | Ohlson, Marietta  | 1976 | w |                             | <b>34:44</b> | 34:44 |
| 26. | 228 | 26. Frauen | Franz, Kerstin    | 1970 | w | LT Phoenix Dudweiler        | <b>37:55</b> | 37:55 |
| 27. | 520 | 27. Frauen | Lamnek, Celina    | 2003 | w |                             | <b>39:56</b> | 39:56 |
| 28. | 309 | 28. Frauen | Stumm, Sabine     | 1980 | w |                             | <b>40:44</b> | 40:44 |

##### m

|     |     |            |                   |      |   |                                   |              |       |
|-----|-----|------------|-------------------|------|---|-----------------------------------|--------------|-------|
| 1.  | 409 | 1. Männer  | Maurer, Hagen     | 1991 | m | SV schlau.com Saar 05 Saarbrücken | <b>17:51</b> | 17:51 |
| 2.  | 318 | 2. Männer  | Lauer, Matthias   | 1992 | m | Sporthaus Kohlen                  | <b>19:02</b> | 19:02 |
| 3.  | 502 | 3. Männer  | Honsel, Peter     | 1970 | m | LAC Saarlouis                     | <b>19:06</b> | 19:06 |
| 4.  | 159 | 4. Männer  | Becker, Christoph | 1990 | m | Losheim am See                    | <b>19:24</b> | 19:24 |
| 5.  | 275 | 5. Männer  | Heng, Thomas      | 1969 | m |                                   | <b>19:27</b> | 19:27 |
| 6.  | 507 | 6. Männer  | Fritz, Adrian     | 1990 | m | LAZ Saarbrücken                   | <b>19:34</b> | 19:34 |
| 7.  | 510 | 7. Männer  | Rausch, Felix     | 1999 | m | LAZ Saarbrücken                   | <b>19:54</b> | 19:54 |
| 8.  | 506 | 8. Männer  | O'Neal, Steven    | 1988 | m | LAZ Saarbrücken                   | <b>19:55</b> | 19:55 |
| 9.  | 511 | 9. Männer  | Niesporek, Tom    | 2001 | m | LAZ Saarbrücken                   | <b>20:06</b> | 20:06 |
| 10. | 415 | 10. Männer | Vonerden,         | 1976 | m | LSG Saarbrücken-Sulzbachtal       | <b>20:11</b> | 20:11 |
| 11. | 407 | 11. Männer | Lösch, Laurenz    | 1986 | m |                                   | <b>20:30</b> | 20:30 |
| 12. | 522 | 12. Männer | Lamnek, Mike      | 1974 | m |                                   | <b>21:55</b> | 21:55 |



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| MW  | Start | AK         | Name                | Jahr | m/ | Verein                      | Brutt        | Netto |
|-----|-------|------------|---------------------|------|----|-----------------------------|--------------|-------|
| 13. | 419   | 13. Männer | Coen, Lucas         | 2003 | m  | TV Limbach                  | <b>22:32</b> | 22:32 |
| 14. | 204   | 14. Männer | Antoniadis,         | 1985 | m  |                             | <b>22:33</b> | 22:33 |
| 15. | 509   | 15. Männer | Lang, Bernhard      | 1994 | m  | LAZ Saarbrücken             | <b>22:34</b> | 22:34 |
| 16. | 86    | 16. Männer | Koch, Oliver        | 1969 | m  |                             | <b>23:07</b> | 23:07 |
| 17. | 316   | 17. Männer | Blees, Michael      | 1972 | m  | tv rehlingen                | <b>23:13</b> | 23:13 |
| 18. | 168   | 18. Männer | Mühlhausen,         | 1960 | m  | SV Dirmingen                | <b>23:44</b> | 23:44 |
| 19. | 501   | 19. Männer | Oswald, Horst       | 1952 | m  |                             | <b>24:06</b> | 24:06 |
| 20. | 89    | 20. Männer | Wolter, Johannes    | 1965 | m  |                             | <b>25:01</b> | 25:01 |
| 21. | 403   | 21. Männer | Jungmann, Tobias    | 1999 | m  |                             | <b>25:18</b> | 25:18 |
| 22. | 319   | 22. Männer | Christ, Quentin     | 2003 | m  | ASSA                        | <b>25:28</b> | 25:28 |
| 23. | 150   | 23. Männer | Kreuter, Joachim    | 1966 | m  | LLG Wustweiler              | <b>25:29</b> | 25:29 |
| 24. | 412   | 24. Männer | Steffen, Wolfgang   | 1962 | m  | LAZ Saarbrücken             | <b>25:30</b> | 25:30 |
| 25. | 112   | 25. Männer | Hoffmann, Markus    | 1991 | m  | FC Vereinslos               | <b>25:36</b> | 25:36 |
| 26. | 113   | 26. Männer | Becker, Y           | 1996 | m  | FC Vereinslos               | <b>25:37</b> | 25:37 |
| 27. | 210   | 27. Männer | Spitz, Markus       | 1971 | m  |                             | <b>25:45</b> | 25:45 |
| 28. | 242   | 28. Männer | Klein, Torsten      | 1976 | m  |                             | <b>26:15</b> | 26:15 |
| 29. | 417   | 29. Männer | Günther,            | 1954 | m  | LTF Köllertal               | <b>26:24</b> | 26:24 |
| 30. | 541   | 30. Männer | Serf, Karl-Heinrich | 1954 | m  | LTF Köllertal               | <b>27:31</b> | 27:31 |
| 31. | 243   | 31. Männer | Saar, Dieter        | 1955 | m  | OHG 02 Saarbrücken          | <b>27:39</b> | 27:39 |
| 32. | 225   | 32. Männer | Wagner, Richard     | 1961 | m  | LT Phoenix Dudweiler        | <b>27:51</b> | 27:51 |
| 33. | 517   | 33. Männer | Gross, Stefan       | 1960 | m  | Bous                        | <b>28:48</b> | 28:48 |
| 34. | 85    | 34. Männer | Stumm, Benjamin     | 2004 | m  | FGS                         | <b>28:59</b> | 28:59 |
| 35. | 84    | 35. Männer | Saraiwanow,         | 1967 | m  | FGS                         | <b>29:00</b> | 29:00 |
| 36. | 226   | 36. Männer | Schäfer,            | 1953 | m  | LT Phoenix Dudweiler        | <b>29:11</b> | 29:11 |
| 37. | 401   | 37. Männer | Klein, Walter       | 1939 | m  | LTF Marpingen               | <b>29:42</b> | 29:42 |
| 38. | 402   | 38. Männer | Jungmann,           | 1988 | m  | LSG Saarbrücken-Sulzbachtal | <b>30:43</b> | 30:43 |
| 39. | 156   | 39. Männer | Zech, Werner        | 1953 | m  | Saarbrücken                 | <b>31:25</b> | 31:25 |
| 40. | 442   | 40. Männer | Boesen, Niklas      | 1987 | m  | Saarbrücken                 | <b>40:53</b> | 40:53 |
| 41. | 342   | 41. Männer | Boesen, Michael     | 1982 | m  |                             | <b>40:53</b> | 40:53 |

### 10km Hauptlauf

#### W

|     |     |              |                    |      |   |                         |              |       |
|-----|-----|--------------|--------------------|------|---|-------------------------|--------------|-------|
| 1.  | 258 | 1. W40       | Kohler, Heike      | 1974 | w | Grojos LTF Elversberg   | <b>38:47</b> | 38:46 |
| 2.  | 146 | 2. W40       | Aus der Fünten,    | 1972 | w | Adidas Energis Saar 05  | <b>40:56</b> | 40:53 |
| 3.  | 183 | 1. W50       | Raubuch, Juliane   | 1962 | w | LTF Köllertal           | <b>42:35</b> | 42:26 |
| 4.  | 535 | 3. W40       | Claeßen, Pia       | 1971 | w |                         | <b>43:17</b> | 43:14 |
| 5.  | 513 | 1. Frauen    | Wiehr, Helen       | 1992 | w | LAZ Saarbrücken         | <b>44:03</b> | 44:00 |
| 6.  | 155 | 1. w. Jugend | Bernarding,        | 1997 | w | LSG Schmelz-Hüttersdorf | <b>44:41</b> | 44:41 |
| 7.  | 206 | 2. Frauen    | Ruffing, Charlotte | 1992 | w | LAZ SB                  | <b>44:43</b> | 44:29 |
| 8.  | 569 | 1. W35       | Gaetano, Barbara   | 1975 | w | Made Of Steel           | <b>44:51</b> | 44:40 |
| 9.  | 279 | 3. Frauen    | Rothenbusch,       | 1986 | w | LLG Wustweiler          | <b>44:52</b> | 44:45 |
| 10. | 298 | 1. W45       | Thiel, Martina     | 1965 | w | TV Auersmacher          | <b>45:03</b> | 45:03 |
| 11. | 444 | 2. W50       | Hartmann, Bärbel   | 1964 | w | FriBi Funrunners        | <b>45:08</b> | 45:00 |
| 12. | 123 | 4. Frauen    | Hoffmann,          | 1988 | w |                         | <b>45:48</b> | 45:38 |
| 13. | 165 | 1. W30       | Schindler, Daniela | 1980 | w |                         | <b>45:55</b> | 45:55 |



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### Ergebnisliste MW+AK

| MW  | Start | AK           | Name               | Jahr | m/ | Verein                            | Brutt        | Netto |
|-----|-------|--------------|--------------------|------|----|-----------------------------------|--------------|-------|
| 14. | 559   | 4. W40       | Bauser, Ribana     | 1971 | w  | LLG Landstuhl                     | <b>45:57</b> | 45:51 |
| 15. | 87    | 1. w. Jugend | Klees, Julia       | 1995 | w  | LSG Sbr.-Sulzbachtal              | <b>45:57</b> | 45:45 |
| 16. | 439   | 5. Frauen    | Vaughan, Audrey    | 1986 | w  | Saar 05                           | <b>47:06</b> | 46:35 |
| 17. | 116   | 2. W45       | Müller, Sibylle    | 1966 | w  | Grojos LTF Elversberg             | <b>47:22</b> | 47:13 |
| 18. | 196   | 2. W35       | Hueske, Cäcilia    | 1976 | w  | L!VE Magazin Saar                 | <b>47:24</b> | 47:16 |
| 19. | 185   | 3. W35       | Despi, Tina        | 1978 | w  | ReckRunners                       | <b>47:30</b> | 47:19 |
| 20. | 144   | 5. W40       | Köhler, Sabine     | 1970 | w  | SV schlau.com Saar 05 Saarbrücken | <b>47:51</b> | 47:45 |
| 21. | 534   | 6. W40       | Stras, Viola       | 1971 | w  | LTF Marpingen                     | <b>48:10</b> | 47:55 |
| 22. | 220   | 6. Frauen    | Klauk, Valerie     | 1993 | w  | LSG Saarbrücken-Sulzbachtal       | <b>49:41</b> | 49:14 |
| 23. | 526   | 2. W30       | Thon, Cornelia     | 1984 | w  | Saar 05                           | <b>50:07</b> | 49:43 |
| 24. | 178   | 3. W30       | Schorlepp,         | 1982 | w  |                                   | <b>50:29</b> | 49:57 |
| 25. | 255   | 7. W40       | Dincher, Antje     | 1973 | w  |                                   | <b>50:54</b> | 50:46 |
| 26. | 253   | 3. W45       | Rosso, Daniela     | 1969 | w  | Mittelpunktläufer SV Habach       | <b>50:59</b> | 50:44 |
| 27. | 219   | 8. W40       | Neidek, Dorothea   | 1972 | w  |                                   | <b>51:02</b> | 50:46 |
| 28. | 312   | 3. W50       | Schneider, Margit  | 1962 | w  | Mittelpunktläufer SV Habach       | <b>51:15</b> | 50:59 |
| 29. | 311   | 4. W50       | Hoffmann, Monika   | 1963 | w  | Mittelpunktläufer SV Habach       | <b>51:15</b> | 50:59 |
| 30. | 201   | 5. W50       | Mossal, Eva        | 1963 | w  | Grojos LTF Elversberg             | <b>51:18</b> | 51:08 |
| 31. | 528   | 1. W55       | Schmidt, Heike     | 1956 | w  | LTF Köllertal                     | <b>51:24</b> | 51:06 |
| 32. | 476   | 9. W40       | Meiers, Steffi     | 1970 | w  | Spicheren                         | <b>51:34</b> | 50:58 |
| 33. | 429   | 6. W50       | Wüstner, Barbara   | 1964 | w  | LLG Wustweiler                    | <b>51:37</b> | 51:12 |
| 34. | 96    | 4. W35       | Junker, Sandra     | 1975 | w  | Köllertaler Lauftreff             | <b>52:11</b> | 51:54 |
| 35. | 544   | 10. W40      | Bai, Cordula       | 1970 | w  | LC Völklingen                     | <b>52:32</b> | 52:01 |
| 36. | 244   | 11. W40      | Thompson,          | 1970 | w  | TV 1861 St. Wendel                | <b>52:40</b> | 52:32 |
| 37. | 537   | 4. W30       | Drexel, Eva        | 1982 | w  | TV Rehlingen                      | <b>52:53</b> | 52:19 |
| 38. | 207   | 7. Frauen    | Marsollek, Easy    | 1993 | w  | LAZ SB                            | <b>53:12</b> | 52:59 |
| 39. | 88    | 2. w. Jugend | Jungmann, Anna     | 1997 | w  | LSG Sbr.-Sulzbachtal              | <b>53:20</b> | 53:08 |
| 40. | 44    | 4. W45       | Doub, Claudia      | 1966 | w  | The Sunday Runners                | <b>53:21</b> | 53:13 |
| 41. | 162   | 12. W40      | Heydt-Rester,      | 1973 | w  | LTF Köllertal                     | <b>53:30</b> | 52:57 |
| 42. | 313   | 5. W45       | Behmer, Petra      | 1965 | w  | LTF Köllertal                     | <b>53:35</b> | 53:17 |
| 43. | 21    | 5. W35       | Volokh, Alexandra  | 1977 | w  |                                   | <b>53:49</b> | 53:36 |
| 44. | 180   | 6. W45       | Göbel, Claudia     | 1968 | w  | LTF Köllertal                     | <b>53:55</b> | 53:21 |
| 45. | 52    | 7. W45       | Gries, Anja        | 1969 | w  | LAZ Saarbrücken                   | <b>53:57</b> | 53:24 |
| 46. | 530   | 13. W40      | Hertel, Rungtong   | 1970 | w  | SV Schlau.com Saar 05             | <b>53:57</b> | 53:34 |
| 47. | 353   | 8. W45       | Nisius, Brigitte   | 1969 | w  | tv elm                            | <b>54:26</b> | 53:51 |
| 48. | 237   | 1. W60       | Kapp, Karin        | 1954 | w  | TV Lebach                         | <b>54:36</b> | 54:19 |
| 49. | 579   | 14. W40      | Wittrin, Alexandra | 1973 | w  | LAG Saarbrücken                   | <b>54:58</b> | 54:27 |
| 50. | 189   | 5. W30       | Mayer, Christiane  | 1984 | w  |                                   | <b>55:29</b> | 55:06 |
| 51. | 276   | 6. W35       | Peter, Susanne     | 1975 | w  | LTF Köllertal                     | <b>55:33</b> | 55:14 |
| 52. | 458   | 6. W30       | Rink, Nadine       | 1983 | w  | Triathlon Freunde Saarlouis       | <b>56:34</b> | 55:59 |
| 53. | 97    | 9. W45       | Gorzalnik, Danja   | 1966 | w  | LTF Köllertal                     | <b>56:50</b> | 56:34 |
| 54. | 132   | 15. W40      | Kukartz, Ursula    | 1971 | w  | LT.Rennschnecke Dudweiler         | <b>56:54</b> | 56:15 |
| 55. | 448   | 2. w. Jugend | Emmerich, Daria    | 1995 | w  |                                   | <b>57:01</b> | 56:52 |
| 56. | 447   | 8. Frauen    | Emmerich, Vera     | 1992 | w  |                                   | <b>57:01</b> | 56:53 |
| 57. | 8     | 9. Frauen    | Baltes, Tatjana    | 1989 | w  | Coba Ludwigshafen                 | <b>57:08</b> | 56:49 |
| 58. | 271   | 2. W60       | Klein, Gertrud     | 1951 | w  | Mittelpunktläufer SV Habach       | <b>57:11</b> | 56:58 |



## 26. Sparkassen Westspangenlauf

### Ergebnisliste MW+AK

| MW  | Start | AK         | Name              | Jahr | m/ | Verein                       | Brutt         | Netto   |
|-----|-------|------------|-------------------|------|----|------------------------------|---------------|---------|
| 59. | 205   | 10. Frauen | Ruffing, Isabelle | 1987 | w  | LAZ SB                       | <b>57:24</b>  | 57:10   |
| 60. | 43    | 7. W35     | Martin, Melanie   | 1975 | w  | The Sunday Runners           | <b>57:26</b>  | 57:19   |
| 61. | 260   | 11. Frauen | Wilhelm,          | 1986 | w  | Laufsport Werner Gebhard     | <b>58:05</b>  | 57:50   |
| 62. | 411   | 8. W35     | Sticher, Jasmin   | 1979 | w  | Silvesterlauf Trier e.V.     | <b>58:05</b>  | 57:51   |
| 63. | 481   | 10. W45    | Parpart-Arweiler, | 1968 | w  | LAG Saarbrücken              | <b>58:20</b>  | 57:41   |
| 64. | 459   | 7. W50     | Groß, Petra       | 1963 | w  | LTF Köllertal                | <b>58:37</b>  | 57:56   |
| 65. | 240   | 16. W40    | Matheus, Ramona   | 1972 | w  | Bisttal-Runners              | <b>58:55</b>  | 58:34   |
| 66. | 568   | 8. W50     | Brausch,          | 1961 | w  | TV Lebach                    | <b>58:59</b>  | 58:55   |
| 67. | 7     | 9. W50     | Corti, Andrea     | 1962 | w  | Laufsport Werner Gebhard     | <b>59:01</b>  | 58:46   |
| 68. | 323   | 12. Frauen | Wolf, Vanessa     | 1988 | w  |                              | <b>59:03</b>  | 58:23   |
| 69. | 252   | 10. W50    | Hoen, Pia         | 1962 | w  |                              | <b>59:20</b>  | 58:59   |
| 70. | 106   | 13. Frauen | Geisinger,        | 1991 | w  |                              | <b>59:20</b>  | 58:51   |
| 71. | 566   | 11. W45    | Krings, Anja      | 1967 | w  |                              | <b>59:49</b>  | 59:17   |
| 72. | 199   | 9. W35     | Müller, Inger     | 1977 | w  |                              | <b>59:50</b>  | 59:22   |
| 73. | 340   | 2. W55     | Mutzi, Friederike | 1955 | w  | Lebenshilfe für Menschen mit | <b>1:00:3</b> | 59:59   |
| 74. | 6     | 12. W45    | Minder, Annette   | 1966 | w  | Silvesterlauf Trier e.V.     | <b>1:01:3</b> | 1:01:21 |
| 75. | 42    | 3. W55     | Sauer, Gudrun     | 1959 | w  | LTF Köllertal                | <b>1:02:0</b> | 1:01:40 |
| 76. | 575   | 13. W45    | Jaich, Barbara    | 1968 | w  | TV Heusweiler                | <b>1:02:2</b> | 1:01:41 |
| 77. | 285   | 4. W55     | Thiel-Jackson,    | 1955 | w  | LT TV Rußhütte               | <b>1:02:3</b> | 1:02:04 |
| 78. | 59    | 14. W45    | Bourmer, Bärbel   | 1969 | w  | LTF Köllertal                | <b>1:02:5</b> | 1:02:26 |
| 79. | 545   | 17. W40    | Darconza, Heike   | 1973 | w  | Gangolfrunners               | <b>1:03:1</b> | 1:02:50 |
| 80. | 278   | 11. W50    | Wilhelm, Claudia  | 1964 | w  | Laufsport Werner Gebhard     | <b>1:03:3</b> | 1:03:18 |
| 81. | 452   | 3. W60     | Henni, Irmgard    | 1954 | w  |                              | <b>1:03:5</b> | 1:03:13 |
| 82. | 546   | 18. W40    | Schuster,         | 1971 | w  | Gangolfrunners Merzig        | <b>1:04:1</b> | 1:03:50 |
| 83. | 134   | 15. W45    | Schmidt, Susanne  | 1965 | w  | LT.Rennschnecke Dudweiler    | <b>1:04:4</b> | 1:04:06 |
| 84. | 287   | 5. W55     | John, Birgit      | 1959 | w  | LT TV Rußhütte               | <b>1:05:2</b> | 1:04:53 |
| 85. | 283   | 10. W35    | Oberhausen,       | 1975 | w  | LT TV Rußhütte               | <b>1:05:5</b> | 1:05:23 |
| 86. | 284   | 6. W55     | Lauterbach, Delia | 1956 | w  | LT TV Rußhütte               | <b>1:05:5</b> | 1:05:23 |
| 87. | 469   | 11. W35    | Lauer, Irene      | 1976 | w  |                              | <b>1:08:1</b> | 1:07:54 |
| 88. | 479   | 12. W35    | Thernes, Nathalie | 1977 | w  |                              | <b>1:09:1</b> | 1:08:51 |
| 89. | 125   | 4. W60     | Posse, Ingrid     | 1953 | w  | TV 1861 St. Wendel           | <b>1:10:2</b> | 1:09:58 |
| 90. | 299   | 7. W30     | Quetting, Irene   | 1982 | w  | Reichenbrunn                 | <b>1:11:2</b> | 1:10:40 |

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|     |     |           |                  |      |   |                             |              |       |
|-----|-----|-----------|------------------|------|---|-----------------------------|--------------|-------|
| 1.  | 190 | 1. m.     | Blum, Tobias     | 1995 | m | LSG Saarbrücken-Sulzbachtal | <b>31:54</b> | 31:53 |
| 2.  | 176 | 1. M30    | Weingarh,        | 1984 | m | LLG Wustweiler              | <b>34:54</b> | 34:53 |
| 3.  | 160 | 1. m.     | Coen, Philipp    | 1998 | m | TV Limbach                  | <b>35:25</b> | 35:24 |
| 4.  | 70  | 1. Männer | Kiefer, Jonas    | 1986 | m | Sport Jochum/LC Rehlingen   | <b>35:41</b> | 35:40 |
| 5.  | 525 | 1. M40    | Barnsteiner,     | 1974 | m | LLG Landstuhl               | <b>35:45</b> | 35:43 |
| 6.  | 267 | 2. Männer | Gaub, Stefan     | 1987 | m | VT Zweibrücken              | <b>36:08</b> | 36:07 |
| 7.  | 184 | 2. M30    | Sokoll, Marco    | 1982 | m | ReckRunners                 | <b>36:18</b> | 36:16 |
| 8.  | 453 | 2. M40    | Wachs, Günter    | 1970 | m | LT Ellerschanke Kirkel      | <b>36:25</b> | 36:22 |
| 9.  | 57  | 3. M30    | Speicher, Thomas | 1984 | m | LTF Köllertal               | <b>36:36</b> | 36:35 |
| 10. | 414 | 4. M30    | Lang, Tammo      | 1984 | m | LA TEAM SAAR                | <b>36:43</b> | 36:42 |
| 11. | 480 | 1. M35    | Franz, Patrick   | 1979 | m | LC Warndt                   | <b>37:14</b> | 37:12 |



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### Ergebnisliste MW+AK

| MW  | Start | AK         | Name              | Jahr | m/ | Verein                           | Brutt        | Netto |
|-----|-------|------------|-------------------|------|----|----------------------------------|--------------|-------|
| 12. | 437   | 2. M35     | Klein, Michael    | 1975 | m  | LAZ Saarbrücken                  | <b>37:42</b> | 37:42 |
| 13. | 104   | 1. M45     | Dirk, Buschmann   | 1968 | m  | LAZ Saarbrücken                  | <b>37:48</b> | 37:47 |
| 14. | 66    | 1. M50     | Corbisez, Patrick | 1963 | m  | Team Raidlight                   | <b>37:57</b> | 37:54 |
| 15. | 514   | 3. M40     | Bachelier, Dirk   | 1973 | m  | LTF Marpingen                    | <b>37:58</b> | 37:56 |
| 16. | 478   | 2. M45     | Dr. Ostheimer,    | 1968 | m  | VFA Neunkirchen / Tri-Team SLS   | <b>38:00</b> | 37:59 |
| 17. | 256   | 3. M45     | Ehre, Pascal      | 1969 | m  |                                  | <b>38:02</b> | 38:00 |
| 18. | 443   | 1. M55     | Reimer, Gerald    | 1957 | m  | LSG Saarbrücken-Sulzbachtal      | <b>38:21</b> | 38:20 |
| 19. | 62    | 3. Männer  | Jacob, Torsten    | 1985 | m  | Stadtwerke Saarbrücken           | <b>38:30</b> | 38:29 |
| 20. | 531   | 3. M35     | Münnich, Martin   | 1976 | m  | LSG Saarbrücken-Sulzbachtal      | <b>38:41</b> | 38:40 |
| 21. | 542   | 4. Männer  | Humbert, Michael  | 1990 | m  | Saarbrücken                      | <b>38:44</b> | 38:42 |
| 22. | 543   | 2. M50     | Pasquay, Heribert | 1961 | m  | SV Schlaue.com Saar 05           | <b>38:45</b> | 38:44 |
| 23. | 451   | 4. M40     | Harig, Stefan     | 1970 | m  | Grojos LTF Elversberg            | <b>38:47</b> | 38:45 |
| 24. | 548   | 5. Männer  | Luka, Marcel      | 1990 | m  | Grojos LTF Elversberg            | <b>38:56</b> | 38:56 |
| 25. | 449   | 4. M45     | Feis, Thomas      | 1969 | m  | DJK SG St. Ingbert               | <b>39:00</b> | 38:58 |
| 26. | 216   | 5. M40     | Dietzen, Thomas   | 1970 | m  | RUN-4-PAIN                       | <b>39:00</b> | 38:57 |
| 27. | 257   | 6. M40     | Horch, Dominik    | 1973 | m  |                                  | <b>39:14</b> | 39:10 |
| 28. | 349   | 5. M45     | Groß, Joachim     | 1965 | m  | Grojos LTF Elversberg            | <b>39:35</b> | 39:33 |
| 29. | 264   | 4. M35     | Radke, Andy       | 1977 | m  | Mittelpunktläufer SV Habach      | <b>39:44</b> | 39:40 |
| 30. | 28    | 6. Männer  | Maurer, Julian    | 1991 | m  |                                  | <b>39:54</b> | 39:44 |
| 31. | 51    | 5. M30     | Walter, Christian | 1984 | m  |                                  | <b>40:19</b> | 40:16 |
| 32. | 405   | 6. M45     | Nickles, Thomas   | 1969 | m  | LT TV Rußhütte                   | <b>40:26</b> | 40:23 |
| 33. | 177   | 7. M45     | Ritter, Stephan   | 1965 | m  | Run 4 Fun Bübingen               | <b>40:30</b> | 40:28 |
| 34. | 474   | 7. Männer  | Daub, Christian   | 1987 | m  | LTF Köllertal                    | <b>40:34</b> | 40:32 |
| 35. | 515   | 8. Männer  | Meiser, Sebastian | 1988 | m  |                                  | <b>40:47</b> | 40:47 |
| 36. | 472   | 8. M45     | Eisermann, Marc   | 1969 | m  | Lauftreff Fitte Hütte            | <b>40:48</b> | 40:46 |
| 37. | 92    | 7. M40     | Maurer, Timo      | 1970 | m  | LV Merzig                        | <b>40:49</b> | 40:47 |
| 38. | 139   | 2. m.      | Beck, Joel        | 1997 | m  | ATSV Saarbrücken                 | <b>40:53</b> | 40:46 |
| 39. | 430   | 3. M50     | Frego, Hartmut    | 1962 | m  | TV Limbach                       | <b>40:56</b> | 40:52 |
| 40. | 291   | 9. M45     | Kohl, Torsten     | 1967 | m  | LT TV Rußhütte                   | <b>40:56</b> | 40:44 |
| 41. | 188   | 6. M30     | Schardt, Thomas   | 1984 | m  |                                  | <b>41:10</b> | 41:00 |
| 42. | 217   | 8. M40     | Morgott, Thomas   | 1972 | m  | Reha-Team /Grojos LTF Elversberg | <b>41:19</b> | 41:08 |
| 43. | 512   | 2. m.      | Caracioni,        | 1996 | m  | LAZ Saarbrücken                  | <b>41:22</b> | 41:19 |
| 44. | 404   | 10. M45    | Hau, Thomas       | 1966 | m  | SC Friedrichsthal                | <b>41:29</b> | 41:28 |
| 45. | 556   | 4. M50     | Salzmann, Stefan  | 1964 | m  |                                  | <b>41:43</b> | 41:40 |
| 46. | 475   | 9. M40     | Ehl, Stephan      | 1970 | m  | Tri Team SLS                     | <b>41:48</b> | 41:46 |
| 47. | 192   | 1. M60     | Klein, Richard    | 1954 | m  | LF Schützenhof                   | <b>42:02</b> | 42:00 |
| 48. | 64    | 9. Männer  | Schramm,          | 1986 | m  | LTF Köllertal                    | <b>42:20</b> | 42:15 |
| 49. | 424   | 7. M30     | Selzer, Jörg      | 1980 | m  | LG Reimsbach-Oppen               | <b>42:23</b> | 42:18 |
| 50. | 127   | 11. M45    | Weber, Jörg       | 1967 | m  | LT.Rennschnecke Dudweiler        | <b>42:26</b> | 42:16 |
| 51. | 24    | 10. M40    | Christ, Thierry   | 1973 | m  | sprinter Club Sarreguemines      | <b>42:27</b> | 42:24 |
| 52. | 470   | 12. M45    | Giannitti, Ivo    | 1966 | m  | LVDP                             | <b>42:27</b> | 42:24 |
| 53. | 421   | 5. M50     | Müller, Falko     | 1962 | m  | TV St. Wendel                    | <b>42:29</b> | 42:25 |
| 54. | 40    | 13. M45    | Köwenig, Thomas   | 1969 | m  |                                  | <b>42:33</b> | 42:26 |
| 55. | 233   | 11. M40    | Weller, Torsten   | 1971 | m  | LT Phoenix Dudweiler             | <b>42:34</b> | 42:30 |
| 56. | 58    | 10. Männer | Schneider, Tim    | 1990 | m  | ATSV Saarbrücken                 | <b>42:40</b> | 42:33 |



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### Ergebnisliste MW+AK

| MW   | Start | AK         | Name               | Jahr | m/ | Verein                      | Brutt        | Netto |
|------|-------|------------|--------------------|------|----|-----------------------------|--------------|-------|
| 57.  | 79    | 14. M45    | Raber, Roland      | 1966 | m  | LLG Wustweiler              | <b>42:46</b> | 42:41 |
| 58.  | 121   | 6. M50     | Burkhard, Jörg     | 1963 | m  | Fribi Fun Runners           | <b>42:49</b> | 42:45 |
| 59.  | 147   | 15. M45    | Schmidt, Andreas   | 1968 | m  | Kaiserslautern              | <b>42:56</b> | 42:51 |
| 60.  | 343   | 5. M35     | Heil, Carsten      | 1976 | m  | LG Ohmbachsee               | <b>43:15</b> | 43:09 |
| 61.  | 289   | 7. M50     | Friedrichs, Roland | 1960 | m  | LT TV Rußhütte              | <b>43:28</b> | 43:25 |
| 62.  | 454   | 12. M40    | Kruse, Patrick     | 1972 | m  | LT Eller                    | <b>43:30</b> | 43:18 |
| 63.  | 175   | 16. M45    | Stublic, Mirko     | 1969 | m  |                             | <b>43:31</b> | 43:24 |
| 64.  | 345   | 13. M40    | Nesselberger,      | 1973 | m  | ReckRunners                 | <b>43:58</b> | 43:46 |
| 65.  | 532   | 2. M55     | Romang, Roland     | 1957 | m  | LSG Saarbrücken-Sulzbachtal | <b>43:58</b> | 43:29 |
| 66.  | 570   | 3. M55     | Armin, Bernd       | 1958 | m  |                             | <b>44:00</b> | 43:56 |
| 67.  | 67    | 14. M40    | Peyo, Thomas       | 1973 | m  | TV Saarwellingen            | <b>44:01</b> | 43:55 |
| 68.  | 294   | 8. M50     | Klein, Alfred      | 1960 | m  |                             | <b>44:04</b> | 43:59 |
| 69.  | 547   | 11. Männer | Schäfer, Sven      | 1986 | m  | Illingen                    | <b>44:09</b> | 43:58 |
| 70.  | 304   | 17. M45    | Gries, Olaf        | 1969 | m  | LTF Köllertal               | <b>44:14</b> | 44:04 |
| 71.  | 296   | 12. Männer | Thiel, Sebastian   | 1991 | m  | TV Auersmacher              | <b>44:14</b> | 43:20 |
| 72.  | 46    | 18. M45    | Reuter, Jürgen     | 1966 | m  |                             | <b>44:15</b> | 44:04 |
| 73.  | 436   | 19. M45    | Schäfer, Thomas    | 1965 | m  | Saarwellingen               | <b>44:15</b> | 44:06 |
| 74.  | 115   | 20. M45    | Stellmacher,       | 1967 | m  | Grojos LTF Elversberg       | <b>44:24</b> | 44:17 |
| 75.  | 29    | 9. M50     | Dietz, Martin      | 1960 | m  | LTF Köllertal               | <b>44:27</b> | 44:16 |
| 76.  | 434   | 21. M45    | Braun, Jörg        | 1966 | m  | TV Limbach                  | <b>44:36</b> | 44:22 |
| 77.  | 571   | 6. M35     | Zacharski, Markus  | 1978 | m  |                             | <b>44:37</b> | 44:21 |
| 78.  | 141   | 10. M50    | Johann, Bernd      | 1961 | m  | LG SHG Merzig               | <b>44:39</b> | 44:30 |
| 79.  | 465   | 11. M50    | Ammon, Dirk        | 1961 | m  | TuS Ormesheim               | <b>44:41</b> | 44:31 |
| 80.  | 560   | 4. M55     | Staub, Andreas     | 1959 | m  | FC Fenner Harz              | <b>44:51</b> | 44:43 |
| 81.  | 142   | 12. M50    | Gabelmann,         | 1960 | m  |                             | <b>44:57</b> | 44:51 |
| 82.  | 122   | 3. m.      | Burkhard, Felix    | 1997 | m  | Fribi Fun Runners           | <b>44:59</b> | 44:51 |
| 83.  | 161   | 22. M45    | Rester, Andreas    | 1969 | m  | LTF Köllertal               | <b>45:01</b> | 44:50 |
| 84.  | 131   | 23. M45    | Braun, Martin      | 1968 | m  | LT.Rennschnecke Dudweiler   | <b>45:02</b> | 44:52 |
| 85.  | 527   | 2. M60     | Servas, Klaus      | 1954 | m  | FriBi Funrunners            | <b>45:04</b> | 44:53 |
| 86.  | 425   | 15. M40    | Schwarze,          | 1974 | m  | Endurance Team Pirmasens    | <b>45:06</b> | 45:00 |
| 87.  | 351   | 7. M35     | Göbel, Frank       | 1977 | m  | DJK Dudweiler               | <b>45:15</b> | 44:48 |
| 88.  | 561   | 16. M40    | Gwodz, Andreas     | 1971 | m  | Sportfreunde Güdesweiler    | <b>45:18</b> | 44:40 |
| 89.  | 262   | 8. M35     | Andres, Sven       | 1978 | m  | LAZ Saarbrücken             | <b>45:21</b> | 45:08 |
| 90.  | 549   | 24. M45    | Grund, Stefan      | 1969 | m  | LT Ellerschanke Kirkel      | <b>45:23</b> | 45:10 |
| 91.  | 295   | 13. Männer | Klein, Achim       | 1989 | m  |                             | <b>45:28</b> | 45:23 |
| 92.  | 552   | 9. M35     | Haitz, Holger      | 1978 | m  | LG Bliestal/laufticker.de   | <b>45:33</b> | 45:28 |
| 93.  | 231   | 4. m.      | Speicher,          | 1997 | m  | LT Phoenix Dudweiler        | <b>45:40</b> | 45:22 |
| 94.  | 120   | 3. M60     | Wirth, Helmut      | 1954 | m  | LSG Saarlouis               | <b>45:41</b> | 45:35 |
| 95.  | 230   | 10. M35    | Speicher, Sven     | 1978 | m  | LT Phoenix Dudweiler        | <b>45:42</b> | 45:25 |
| 96.  | 303   | 4. M60     | Geiger, Wendelin   | 1952 | m  | Grojos LTF Elversberg       | <b>45:46</b> | 45:40 |
| 97.  | 536   | 13. M50    | Krämer, Valentin   | 1963 | m  | Lauftreff Hirzweiler        | <b>45:47</b> | 45:25 |
| 98.  | 440   | 11. M35    | Gutierrez          | 1979 | m  |                             | <b>45:52</b> | 45:21 |
| 99.  | 471   | 25. M45    | Temmes, Herbert    | 1969 | m  | UFC Wacker 73               | <b>45:56</b> | 45:41 |
| 100. | 149   | 1. M65     | Schmidt, Albert    | 1949 | m  | LAG Saarbrücken             | <b>45:57</b> | 45:53 |
| 101. | 27    | 14. M50    | Kuhn, Eric         | 1962 | m  |                             | <b>46:02</b> | 45:44 |



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### Ergebnisliste MW+AK

| MW   | Start | AK         | Name              | Jahr | m/ | Verein                      | Brutt        | Netto |
|------|-------|------------|-------------------|------|----|-----------------------------|--------------|-------|
| 102. | 154   | 1. Schüler | Funke, Andreas    | 2001 | m  | LSG 98 Köllertal            | <b>46:05</b> | 46:04 |
| 103. | 324   | 26. M45    | Mertens-Busch,    | 1965 | m  | Mittelpunktläufer SV Habach | <b>46:07</b> | 46:03 |
| 104. | 466   | 27. M45    | Weber, Jörg       | 1968 | m  | TGS Ormesheim               | <b>46:07</b> | 45:58 |
| 105. | 464   | 28. M45    | Zimmermann,       | 1965 | m  | TuS Ormesheim               | <b>46:08</b> | 46:00 |
| 106. | 245   | 15. M50    | Thompson,         | 1962 | m  | TV 1861 St. Wendel          | <b>46:10</b> | 45:52 |
| 107. | 208   | 14. Männer | Gerth, Sebastian  | 1990 | m  | LAZ SB                      | <b>46:20</b> | 46:20 |
| 108. | 524   | 2. M65     | Hippchen, Rainer  | 1945 | m  | LG Bliestal                 | <b>46:21</b> | 46:08 |
| 109. | 45    | 12. M35    | Kos, Robert       | 1976 | m  | IKK Südwest                 | <b>46:30</b> | 46:00 |
| 110. | 576   | 5. M55     | Arz, Guido        | 1959 | m  | LAG Saarbrücken             | <b>46:33</b> | 46:27 |
| 111. | 151   | 29. M45    | Kreuter, Joachim  | 1966 | m  | LLG Wustweiler              | <b>46:37</b> | 46:21 |
| 112. | 108   | 15. Männer | Breit, Johannes   | 1989 | m  | TRI SHOP SAAR               | <b>46:45</b> | 46:28 |
| 113. | 533   | 17. M40    | Port, Carsten     | 1973 | m  | Saarbrücken                 | <b>46:47</b> | 46:25 |
| 114. | 529   | 5. M60     | Schmidt, Hans     | 1950 | m  | LTF Marpingen               | <b>46:54</b> | 46:48 |
| 115. | 37    | 30. M45    | Dörr, Michael     | 1967 | m  |                             | <b>46:54</b> | 46:50 |
| 116. | 246   | 16. M50    | Brust, Stephan    | 1961 | m  | TV 1861 St. Wendel          | <b>46:57</b> | 46:38 |
| 117. | 553   | 6. M55     | Drumm, Gisbert    | 1959 | m  | RSC Zweibrücken             | <b>47:01</b> | 47:01 |
| 118. | 297   | 17. M50    | Thiel, Klaus      | 1963 | m  | TV Auersmacher              | <b>47:04</b> | 46:45 |
| 119. | 422   | 13. M35    | Brookes, James    | 1976 | m  | Stoke City                  | <b>47:05</b> | 46:34 |
| 120. | 77    | 31. M45    | Kiefer, Francois  | 1966 | m  | Eichelthal                  | <b>47:11</b> | 46:54 |
| 121. | 236   | 16. Männer | Pascheka, Tom     | 1990 | m  | LT Phoenix Dudweiler        | <b>47:19</b> | 46:59 |
| 122. | 16    | 32. M45    | Schick, Marc      | 1969 | m  |                             | <b>47:20</b> | 47:12 |
| 123. | 518   | 2. Schüler | Reichert, Leon    | 2000 | m  | SV Auersmacher              | <b>47:21</b> | 47:16 |
| 124. | 567   | 6. M60     | Gasper, Norbert   | 1954 | m  | TV Lebach                   | <b>47:25</b> | 47:22 |
| 125. | 564   | 18. M40    | Ziehl, Martin     | 1970 | m  | TuS Ormesheim               | <b>47:26</b> | 47:13 |
| 126. | 519   | 3. Schüler | Weber, Cedric     | 2001 | m  | SV Auersmacher              | <b>47:29</b> | 47:24 |
| 127. | 347   | 18. M50    | Weller, Dieter    | 1963 | m  | ReckRunners                 | <b>47:32</b> | 47:19 |
| 128. | 538   | 14. M35    | Mömke, Tobias     | 1979 | m  | DJK Dudweiler Triathlon     | <b>47:32</b> | 47:22 |
| 129. | 26    | 15. M35    | Hoefler, Martin   | 1978 | m  |                             | <b>47:35</b> | 47:28 |
| 130. | 218   | 33. M45    | Sosnowski,        | 1969 | m  | UKV                         | <b>47:40</b> | 47:28 |
| 131. | 65    | 19. M50    | Schmidt, Eric     | 1964 | m  | Flughafen SCN               | <b>47:41</b> | 47:16 |
| 132. | 211   | 34. M45    | Thielen, Marcus   | 1968 | m  |                             | <b>47:48</b> | 47:34 |
| 133. | 305   | 7. M60     | Ney, Josef        | 1950 | m  | FFO Saarlouis               | <b>47:53</b> | 47:41 |
| 134. | 460   | 16. M35    | Keller, Swen      | 1978 | m  |                             | <b>47:53</b> | 47:42 |
| 135. | 167   | 35. M45    | Uwer, Stephan     | 1966 | m  |                             | <b>47:54</b> | 47:35 |
| 136. | 212   | 19. M40    | Kredinger, Markus | 1972 | m  | Team Erdinger Alkoholfrei   | <b>47:59</b> | 47:48 |
| 137. | 344   | 20. M50    | Sacca, Nicola     | 1963 | m  | Wirtschaftsministerium      | <b>48:05</b> | 47:53 |
| 138. | 215   | 20. M40    | Kammer, Claus     | 1970 | m  | Stadtwerke Saarbrücken      | <b>48:07</b> | 47:42 |
| 139. | 15    | 36. M45    | Lück, Frank       | 1967 | m  | Hager group                 | <b>48:09</b> | 48:01 |
| 140. | 477   | 17. M35    | Walerus, Robert   | 1975 | m  | LC Völklingen               | <b>48:17</b> | 48:11 |
| 141. | 41    | 21. M40    | Bayer, Christoph  | 1970 | m  |                             | <b>48:17</b> | 48:00 |
| 142. | 352   | 37. M45    | Kupplich, Uwe     | 1965 | m  | LT Winterberg Saarbrücken   | <b>48:20</b> | 47:51 |
| 143. | 456   | 18. M35    | Sitzmann, Jens    | 1977 | m  | Saaraffen                   | <b>48:22</b> | 47:45 |
| 144. | 455   | 19. M35    | Kern, Sascha      | 1979 | m  | Saaraffen                   | <b>48:23</b> | 47:46 |
| 145. | 523   | 3. M65     | Volkman, Ralf     | 1945 | m  | Wiesloch-BA                 | <b>48:25</b> | 48:19 |
| 146. | 563   | 8. M30     | Roth, Andreas     | 1983 | m  | TTV Schwalbach e.V.         | <b>48:29</b> | 48:12 |



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### Ergebnisliste MW+AK

| MW   | Start | AK         | Name               | Jahr | m/ | Verein                      | Brutt | Netto |
|------|-------|------------|--------------------|------|----|-----------------------------|-------|-------|
| 147. | 195   | 22. M40    | Coscarella, Serge  | 1971 | m  | VTCA FALCK                  | 48:31 | 48:26 |
| 148. | 558   | 38. M45    | Bodo, Henry        | 1969 | m  | Forbach Cosmos              | 48:36 | 48:00 |
| 149. | 235   | 7. M55     | Schmidt, Horst     | 1959 | m  | LT Phoenix Dudweiler        | 48:43 | 48:23 |
| 150. | 578   | 39. M45    | Erben, Fritz       | 1965 | m  | LAG Saarbrücken             | 48:59 | 48:54 |
| 151. | 22    | 9. M30     | Jahn, Andreas      | 1980 | m  |                             | 49:00 | 48:42 |
| 152. | 209   | 17. Männer | Dampha, Liroy      | 1992 | m  | LAZ SB                      | 49:08 | 48:54 |
| 153. | 170   | 40. M45    | Amani, Germain     | 1966 | m  | Stadtwerke Saarbrücken      | 49:08 | 48:43 |
| 154. | 130   | 21. M50    | Kettenhofen, Olaf  | 1961 | m  | LT.Rennschnecke Dudweiler   | 49:08 | 48:53 |
| 155. | 163   | 18. Männer | Steffen, Dominic   | 1986 | m  |                             | 49:11 | 48:39 |
| 156. | 105   | 19. Männer | Hell, Philipp      | 1991 | m  |                             | 49:14 | 48:24 |
| 157. | 34    | 20. Männer | Santomero,         | 1992 | m  |                             | 49:39 | 49:07 |
| 158. | 426   | 23. M40    | Kolsch, Steffen    | 1974 | m  | Endurance Team Pirmasens    | 49:42 | 49:35 |
| 159. | 428   | 8. M60     | Tinnes, Harald     | 1950 | m  | TV Quierschied              | 49:56 | 49:53 |
| 160. | 280   | 41. M45    | Schramm, Oliver    | 1968 | m  | TTC Niedersalbach           | 49:59 | 49:23 |
| 161. | 473   | 24. M40    | Breyer, Thorsten   | 1973 | m  | Bike Aid                    | 50:04 | 49:34 |
| 162. | 140   | 22. M50    | Beck, Matthias     | 1963 | m  |                             | 50:08 | 49:35 |
| 163. | 35    | 8. M55     | Schulz, Uwe        | 1958 | m  |                             | 50:25 | 49:50 |
| 164. | 263   | 42. M45    | Simon, Gerd        | 1965 | m  | LF Schützenhof              | 50:35 | 50:29 |
| 165. | 562   | 21. Männer | Blank, Andreas     | 1990 | m  | LA Team Saar                | 50:48 | 50:45 |
| 166. | 557   | 43. M45    | Azzara, Patrick    | 1966 | m  | Forbach Cosmos              | 50:52 | 50:15 |
| 167. | 288   | 9. M60     | Sehmer, Siegfried  | 1950 | m  | LT TV Rußhütte              | 51:03 | 50:59 |
| 168. | 174   | 9. M55     | Hoffmann, Robert   | 1958 | m  | Grojos LTF Elversberg       | 51:12 | 50:51 |
| 169. | 47    | 25. M40    | Küster, Roland     | 1970 | m  | Die Gastspieler             | 51:17 | 50:28 |
| 170. | 431   | 23. M50    | Ziegler, Ingo Paul | 1962 | m  | TV Limbach                  | 51:18 | 50:40 |
| 171. | 432   | 44. M45    | Schmitt, Roman     | 1967 | m  | Grojos LTF Elversberg       | 51:18 | 51:07 |
| 172. | 202   | 10. M55    | Mossal,            | 1959 | m  | Grojos LTF Elversberg       | 51:18 | 51:08 |
| 173. | 80    | 45. M45    | Metzger, Rainer    | 1968 | m  |                             | 51:23 | 50:55 |
| 174. | 446   | 10. M60    | Trinks, Uwe        | 1951 | m  |                             | 51:29 | 51:00 |
| 175. | 76    | 11. M55    | Reichrath,         | 1957 | m  | LTF Köllertal               | 51:30 | 51:12 |
| 176. | 408   | 22. Männer | Lichtenthäler,     | 1986 | m  |                             | 51:34 | 51:12 |
| 177. | 445   | 24. M50    | Merloni, Patrizio  | 1964 | m  | Homburg                     | 51:38 | 51:13 |
| 178. | 101   | 46. M45    | Ehre, Andreas      | 1969 | m  |                             | 51:43 | 51:08 |
| 179. | 462   | 12. M55    | Schmitt, Michael   | 1956 | m  | TV Völklingen               | 51:46 | 51:35 |
| 180. | 129   | 47. M45    | Rogin, Peter       | 1968 | m  | LT.Rennschnecke Dudweiler   | 51:51 | 51:23 |
| 181. | 322   | 10. M30    | Brach, Dominik     | 1983 | m  |                             | 52:18 | 51:38 |
| 182. | 551   | 25. M50    | Bellon, Heiko      | 1963 | m  | LAG Saarbrücken             | 52:29 | 51:54 |
| 183. | 158   | 11. M30    | Decker, Florian    | 1984 | m  | Die Gastspieler             | 52:38 | 51:50 |
| 184. | 99    | 11. M60    | Kosmalla, Günter   | 1952 | m  | Festo Running Team Rohrbach | 52:49 | 52:13 |
| 185. | 433   | 48. M45    | Gillmann, Tom      | 1966 | m  | LAZ Saarbrücken             | 52:52 | 52:39 |
| 186. | 290   | 26. M50    | Weber, Frank       | 1963 | m  | LT TV Rußhütte              | 52:52 | 52:35 |
| 187. | 3     | 12. M60    | Schumann, Dieter   | 1954 | m  | LAG Saarbrücken             | 53:04 | 52:45 |
| 188. | 164   | 49. M45    | Jacob, Frank       | 1967 | m  | LAG Saarbrücken             | 53:06 | 52:40 |
| 189. | 348   | 13. M60    | Luxenburger,       | 1954 | m  | dieversicherungsmakler      | 53:09 | 52:34 |
| 190. | 94    | 26. M40    | Buschmann, Jörn    | 1970 | m  |                             | 53:13 | 52:39 |
| 191. | 171   | 14. M60    | Steffen, Ferdi     | 1953 | m  | Stadtwerke Saarbrücken      | 53:31 | 53:11 |





## 26. Sparkassen Westspangenlauf

### Ergebnisliste MW+AK

| MW   | Start | AK         | Name                | Jahr | m/ | Verein                       | Brutt         | Netto   |
|------|-------|------------|---------------------|------|----|------------------------------|---------------|---------|
| 192. | 247   | 13. M55    | Saar, Klaus         | 1956 | m  | TV 1861 St. Wendel           | <b>53:32</b>  | 53:13   |
| 193. | 317   | 27. M50    | Behmer, Ernst       | 1960 | m  | LTF Köllertal                | <b>53:35</b>  | 53:17   |
| 194. | 69    | 1. M75     | Zender, Klaus       | 1939 | m  | LTF Köllertal                | <b>53:45</b>  | 53:33   |
| 195. | 463   | 14. M55    | Mita, Hiroshi       | 1955 | m  | Großrosseln                  | <b>53:48</b>  | 53:42   |
| 196. | 181   | 28. M50    | Göbel, Lothar       | 1964 | m  | LTF Köllertal                | <b>53:55</b>  | 53:22   |
| 197. | 577   | 29. M50    | Schneider, Rolf     | 1964 | m  |                              | <b>54:07</b>  | 53:28   |
| 198. | 198   | 20. M35    | Landua, Thomas      | 1977 | m  |                              | <b>54:13</b>  | 53:32   |
| 199. | 450   | 4. M65     | Holl, Raimond       | 1949 | m  | LTF Fürstenhausen            | <b>54:25</b>  | 54:03   |
| 200. | 179   | 1. M70     | Keller, Manfred     | 1942 | m  | LTF Köllertal                | <b>54:47</b>  | 54:23   |
| 201. | 346   | 27. M40    | Recktenwald,        | 1974 | m  | ReckRunners                  | <b>55:02</b>  | 54:35   |
| 202. | 200   | 28. M40    | Müller, Martin Lars | 1974 | m  |                              | <b>55:06</b>  | 54:39   |
| 203. | 239   | 23. Männer | Malavolta, Giulio   | 1988 | m  | I say what what              | <b>55:33</b>  | 54:55   |
| 204. | 78    | 15. M55    | Haan, Kristian      | 1959 | m  | www.alpina1.net              | <b>56:08</b>  | 55:48   |
| 205. | 72    | 16. M55    | Linnemann-Emde      | 1958 | m  | Sparkasse Saarbrücken        | <b>56:08</b>  | 55:22   |
| 206. | 91    | 29. M40    | Schorr, Michael     | 1973 | m  |                              | <b>56:12</b>  | 55:39   |
| 207. | 234   | 2. M70     | Noll, Gerd          | 1940 | m  | LT Phoenix Dudweiler         | <b>56:30</b>  | 56:28   |
| 208. | 457   | 12. M30    | Miethke,            | 1981 | m  | Triathlon Freunde Saarlouis  | <b>56:36</b>  | 56:01   |
| 209. | 468   | 21. M35    | Warken, Daniel      | 1978 | m  |                              | <b>56:41</b>  | 56:01   |
| 210. | 238   | 24. Männer | Moreno-Sanchez,     | 1989 | m  | I say what what              | <b>56:42</b>  | 56:04   |
| 211. | 573   | 25. Männer | Friedrichs,         | 1992 | m  |                              | <b>56:43</b>  | 56:15   |
| 212. | 574   | 50. M45    | Rolinger, Chris     | 1965 | m  |                              | <b>56:54</b>  | 56:29   |
| 213. | 467   | 3. M70     | Warken, Hartmut     | 1944 | m  |                              | <b>56:59</b>  | 56:18   |
| 214. | 265   | 17. M55    | Toscani, Enrico     | 1957 | m  | LT Phoenix Dudweiler         | <b>57:01</b>  | 56:24   |
| 215. | 416   | 51. M45    | Lingemann, Maik     | 1967 | m  | TC Manta Saarbrücken         | <b>57:07</b>  | 56:34   |
| 216. | 438   | 2. M75     | Pietzner, Paul      | 1938 | m  |                              | <b>57:42</b>  | 57:07   |
| 217. | 55    | 15. M60    | Bubel, Wolfgang     | 1953 | m  | IceArena Zweibrücken         | <b>58:00</b>  | 57:31   |
| 218. | 427   | 4. M70     | Vogtland, Fritz     | 1940 | m  | TV Quierschied               | <b>58:08</b>  | 57:53   |
| 219. | 186   | 13. M30    | Hoffmann, Mark      | 1983 | m  | ReckRunners                  | <b>58:37</b>  | 58:10   |
| 220. | 5     | 16. M60    | Blodau, Heinz       | 1954 | m  | Silvesterlauf Trier e.V.     | <b>58:54</b>  | 58:39   |
| 221. | 254   | 52. M45    | Weber, Jörg         | 1968 | m  | Bisttal-Runners              | <b>58:55</b>  | 58:34   |
| 222. | 565   | 53. M45    | Krings, Markus      | 1968 | m  |                              | <b>59:23</b>  | 58:51   |
| 223. | 281   | 5. M65     | Linnenberger,       | 1949 | m  | LTF Köllertal                | <b>59:56</b>  | 59:20   |
| 224. | 423   | 5. M70     | Konrad, Hermann     | 1941 | m  |                              | <b>1:00:0</b> | 59:39   |
| 225. | 293   | 6. M65     | Reinsch, Holm       | 1948 | m  | LSG Saarbr.Sulzbachtal       | <b>1:01:1</b> | 1:00:52 |
| 226. | 292   | 17. M60    | Kolling, Harald     | 1950 | m  |                              | <b>1:01:1</b> | 1:00:53 |
| 227. | 133   | 54. M45    | Gerhard, Klaus      | 1966 | m  | LT.Rennschnecke Dudweiler    | <b>1:01:3</b> | 1:01:00 |
| 228. | 4     | 18. M55    | Gebhard, Werner     | 1958 | m  | Silvesterlauf Trier e.V.     | <b>1:01:3</b> | 1:01:22 |
| 229. | 572   | 55. M45    | Deeß, Karl          | 1965 | m  | LAG Saarbrücken              | <b>1:02:3</b> | 1:02:35 |
| 230. | 335   | 30. M50    | Müller, Detlef      | 1961 | m  | Lebenshilfe für Menschen mit | <b>1:02:5</b> | 1:02:38 |
| 231. | 554   | 30. M40    | Weishaupt, Mark     | 1971 | m  | Team BÄMM                    | <b>1:04:0</b> | 1:03:23 |
| 232. | 555   | 22. M35    | Klößner,            | 1975 | m  | Team BÄMM                    | <b>1:04:0</b> | 1:03:24 |
| 233. | 550   | 18. M60    | Keffer, Helmut E.   | 1950 | m  | LTF Fürstenhausen            | <b>1:04:1</b> | 1:03:54 |
| 234. | 95    | 7. M65     | Wagner, Bernhard    | 1947 | m  | Bisttal - Runners            | <b>1:05:2</b> | 1:04:40 |
| 235. | 153   | 4. Schüler | Heib, Tom           | 2002 | m  | LTF Köllertal                | <b>1:05:2</b> | 1:05:23 |
| 236. | 152   | 31. M50    | Heib, Martin        | 1964 | m  | LTF Köllertal                | <b>1:05:3</b> | 1:05:07 |



## 26. Sparkassen Westspangenlauf

### Ergebnisliste MW+AK

| MW   | Start | AK         | Name               | Jahr | m/ | Verein                       | Brutt  | Netto   |
|------|-------|------------|--------------------|------|----|------------------------------|--------|---------|
| 237. | 124   | 3. M75     | Dorscheid, Gilbert | 1938 | m  | TV 1861 St. Wendel           | 1:05:5 | 1:05:31 |
| 238. | 339   | 26. Männer | Lentz, Roland      | 1985 | m  | Lebenshilfe für Menschen mit | 1:07:0 | 1:06:48 |
| 239. | 336   | 56. M45    | Schmitt, Andreas   | 1968 | m  | Lebenshilfe für Menschen mit | 1:07:4 | 1:07:25 |
| 240. | 103   | 6. M70     | Geising, Ulrich    | 1944 | m  | LCS                          | 1:08:2 | 1:07:40 |
| 241. | 441   | 23. M35    | Uwer, Thomas       | 1975 | m  | Stadtwerke Saarbrücken       | 1:11:2 | 1:10:43 |
| 242. | 341   | 1. M80     | Knauf, Hans        | 1934 | m  | LAG Saarbrücken              | 1:17:0 | 1:16:37 |
| 243. | 54    | 19. M60    | Geisinger, Roland  | 1954 | m  | LAG Saarbrücken              | 1:19:0 | 1:17:52 |

### 7,2km Walking

#### w

|     |     |            |                    |      |   |                              |        |         |
|-----|-----|------------|--------------------|------|---|------------------------------|--------|---------|
| 1.  | 135 | 1. Frauen  | Wagner, Sylvia     | 1963 | w | LT.Rennschnecke Dudweiler    | 53:23  | 52:41   |
| 2.  | 302 | 2. Frauen  | Scheuerer,         | 1962 | w | Mc Fit Saarbrücken           | 54:24  | 53:42   |
| 3.  | 136 | 3. Frauen  | Wühr, Edth         | 1949 | w | LT.Rennschnecke Dudweiler    | 54:50  | 54:07   |
| 4.  | 137 | 4. Frauen  | Weber, Monika      | 1967 | w | LT.Rennschnecke Dudweiler    | 56:22  | 55:40   |
| 5.  | 213 | 5. Frauen  | Hess-Kammer,       | 1970 | w | Bisttal-Runners              | 57:32  | 56:47   |
| 6.  | 325 | 6. Frauen  | Nikolaus, Monika   | 1961 | w | Lebenshilfe für Menschen mit | 1:01:3 | 1:00:46 |
| 7.  | 100 | 7. Frauen  | Kratz-Kosmalla,    | 1956 | w |                              | 1:01:4 | 1:00:53 |
| 8.  | 224 | 8. Frauen  | Noll, Rosemarie    | 1941 | w | LT Phoenix Dudweiler         | 1:02:3 | 1:01:49 |
| 9.  | 32  | 9. Frauen  | Santomero,         | 1966 | w |                              | 1:08:2 | 1:07:39 |
| 10. | 333 | 10. Frauen | Bastuck, Christina | 1954 | w | Lebenshilfe für Menschen mit | 1:09:1 | 1:08:28 |
| 11. | 360 | 11. Frauen | Lamnek, Silke      | 1975 | w |                              | 1:09:2 | 1:08:35 |
| 12. | 359 | 12. Frauen | Schneider, Ingrid  | 1950 | w |                              | 1:09:2 | 1:08:35 |
| 13. | 328 | 13. Frauen | Lohmüller, Birgit  | 1959 | w | Lebenshilfe für Menschen mit | 1:10:0 | 1:09:14 |

#### m

|    |     |           |                   |      |   |                              |        |         |
|----|-----|-----------|-------------------|------|---|------------------------------|--------|---------|
| 1. | 222 | 1. Männer | Krämer, Karlheinz | 1958 | m | LT Phoenix Dudweiler         | 51:49  | 51:07   |
| 2. | 332 | 2. Männer | Rohe, Steven      | 1991 | m | Lebenshilfe für Menschen mit | 56:19  | 55:32   |
| 3. | 361 | 3. Männer | Volkman,          | 1948 | m |                              | 57:31  | 56:47   |
| 4. | 138 | 4. Männer | Baus, Lothar      | 1938 | m | LT.Rennschnecke Dudweiler    | 58:10  | 57:27   |
| 5. | 334 | 5. Männer | Latz, Michael     | 1962 | m | Lebenshilfe für Menschen mit | 1:01:3 | 1:00:46 |
| 6. | 33  | 6. Männer | Santomero, Marco  | 1965 | m |                              | 1:08:2 | 1:07:39 |
| 7. | 329 | 7. Männer | Thau, Sebastian   | 1984 | m | Lebenshilfe für Menschen mit | 1:09:1 | 1:08:30 |
| 8. | 330 | 8. Männer | Platte, Norbert   | 1966 | m | Lebenshilfe für Menschen mit | 1:09:1 | 1:08:29 |

Anzahl Teilnehmer: 423

